

THE FUNCTIONAL EVALUATION

Digestion

STOMACH

- ① **HCL Point:** 1" ↓ from xiphoid on edge of rib cage (L)
- ② **Chapman Reflex - Stomach:** 6th Intercostal Space (L) *LNT*

PANCREAS

- ③ **Enzyme Point:** 1" ↓ from xiphoid on edge of rib cage (R)

GALLBLADDER

- ④ **Chapman Reflex – Gallbladder:** 6th (R) *LNT*
- ⑤ **Murphy's Sign:** Under ribs (R); knees bent (Acute)
- ⑥ **Right Thumb Web:** Gallbladder (Chronic)

SMALL & LARGE INTESTINES

- ⑦ **Chapman Reflex – Small Intestine:** 8, 9, 10 (R & L) *LNT*
- ⑧ **Bennett Reflexes:** 2-3" around umbilicus *LNT*
- ⑨ **Ileocecal Valve:** ½ from ASIS to umbilicus *LNT*
- ⑩ **Large Intestine:** ascending to sigmoid *LNT*
- ⑪ **Chapman Reflex – Colon:** Iliotibial Band *LNT*

Sugar Handling

ADRENAL GLANDS

- ⑫ **Chapman Reflex – Adrenals:** 2" → ↑ from umbilicus (R & L) *LNT*

LIVER

- ⑬ **Liver Point:** On 3rd rib (R) at costochondral junction *LNT*
- ⑭ **Chapman Reflex – Liver:** 6th (R) *LNT*
- ⑮ **Murphy's Sign:** Under ribs (R); knees bent

PANCREAS

- ⑯ **Chapman Reflex – Pancreas:** 7th Intercostal Space (L) *LNT*
- ⑰ **Right Thenar Pad**
- ⑱ **T6/T7:** Check for tenderness close to spine (R)

Fatty Acids

LIVER

- ⑲ **Liver Point:** On 3rd rib (R) at costochondral junction *LNT*
- ⑳ **Murphy's Sign:** Under ribs (R); knees bent
- ㉑ **Chapman Reflex – Liver:** 6th Intercostal Space (R) *LNT*

Hydration

KIDNEYS

- ㉒ **Chapman Reflex – Kidney:** 1" → ↑ from umbilicus (R & L) *LNT*

Endocrine

PITUITARY / HYPOTHALAMUS

- ㉓ **Pituitary / Hypothalamus Point:** Between eyes *LNT*

THYROID

- ㉔ **Costochondral Tenderness:** Palpate for general tenderness *LNT*
- ㉕ **Chapman Reflex – Thyroid/Heart:** 2nd Intercostal Space (R & L) *LNT*
- ㉖ **Pretibial Edema:** ¼ - ⅓ up tibia from ankle

UTERUS/PROSTATE

- ㉗ **Medial Heel:** ½ between medial malleolus & calcaneus
- ㉘ **Chapman Reflex – Uterus/Prostate:** A) Pubic Symphysis (outer); B) Iliotibial Band (overlaps with Chapman Reflex – Colon) *LNT*

OVARIES/TESTICLES

- ㉙ **Chapman Reflex – Ovaries/Testicles:** Pubic Symphysis – Inner *LNT*
- ㉚ **Inside Arch:** Apex of arch (R & L)

Immune

SINUSES

- ㉛ **Chapman Reflex – Sinuses:** 1st Intercostal Space (R & L) *LNT*

LUNGS

- ㉜ **Chapman Reflex – Lungs:** 3rd & 4th Intercostal Spaces (R & L) *LNT*

THYROID

- ㉝ **Chapman Reflex – Thymus:** 5th Intercostal Space (R only)
- ㉞ **Histamine Point:** Halfway between the xiphoid process and mid-mammary line

Cardiovascular

- ㉟ **Chapman Reflex – Thyroid/Heart:** 2nd Intercostal Space (R & L) *LNT*
- ㊱ **Left Thenar Pad**

