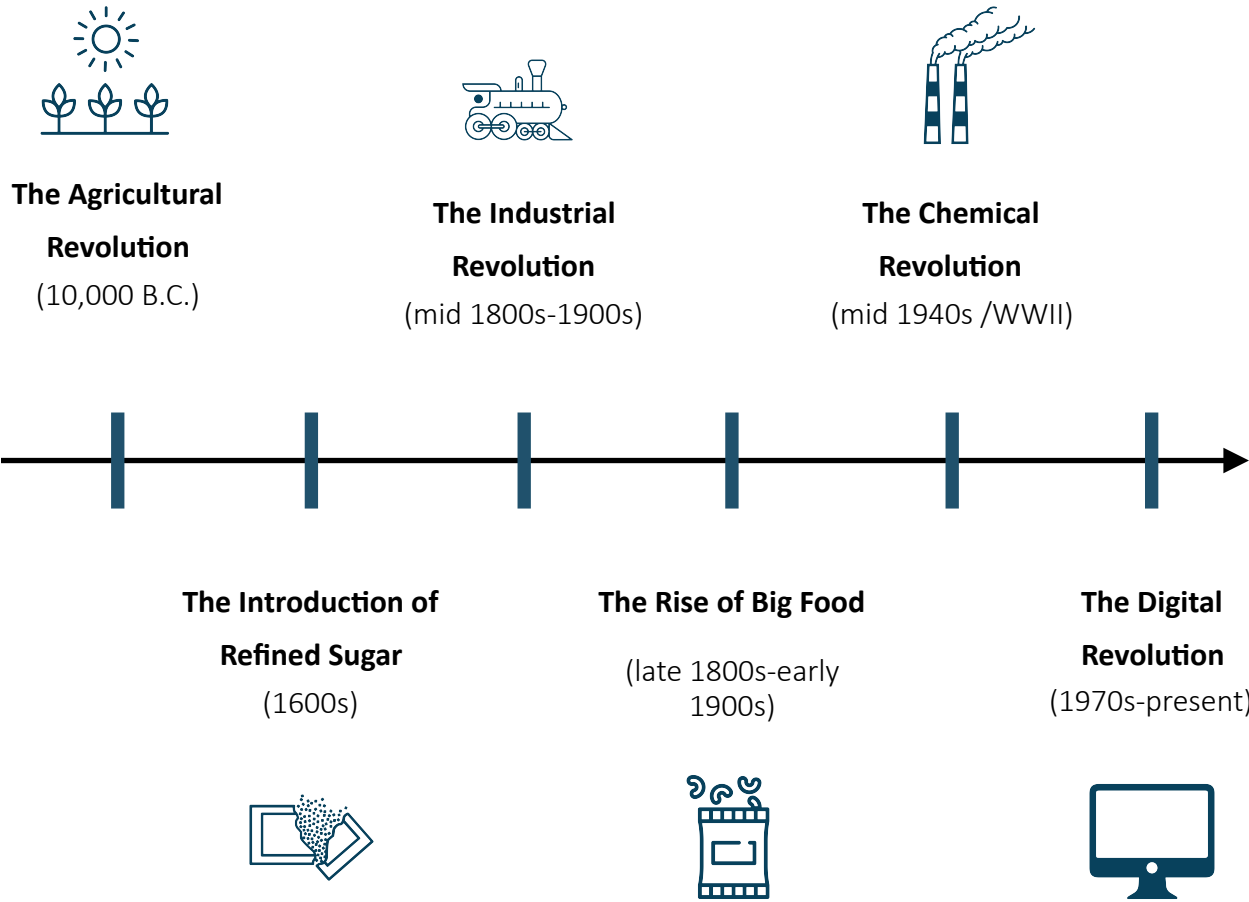


NUTRITIONAL MILESTONES

TIMELINE WORKSHEET

Review the milestones on the timeline below and in the preceding table, summarize the significance of each, as well as the main health impacts.

Six historical milestones leading to the modern diet



NUTRITIONAL MILESTONES

SIX HISTORICAL MILESTONES & MAIN HEALTH IMPACTS

	SUMMARY	MAIN HEALTH IMPACTS
The Agricultural Revolution		
The Introduction of Refined Sugar		
The Industrial Revolution		
The Rise of Big Food		
The Chemical Revolution		

NUTRITIONAL MILESTONES

	SUMMARY	MAIN HEALTH IMPACTS
The Digital Revolution		