

SYMPTOM BURDEN ANALYSIS GRAPH

Name:

Date:

		THE FOUNDATIONS							THE CONSEQUENCES								
		Digestion**				Mineral Needs	Essential Fatty Acids	Sugar Handling*	Vitamin Need	Adrenals*	Pituitary	Thyroid	Men Only	Women Only	Cardiovascular	Kidney & Bladder	Immune System
Foundation or System		Upper GI	Liver & GB	Small Intestine	Large Intestine												
High Priority	19+	22+	16+	20+	25+	8+	14+	28+	28+	10+	17+	10+	21+	11+	5+	11+	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	17	19	14	18	23	7	12	24	24	9	15	8	18	9	-	9	
Moderate Priority	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	14	17	12	15	19	6	10	20	20	8	12	7	15	8	4	8	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Low Priority	11	14	10	12	15	5	8	16	16	6	10	6	12	6	-	6	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	9	11	7	9	12	4	6	12	12	4	7	5	9	4	3	4	
Score	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	6	7	5	6	8	3	5	8	8	3	5	4	6	3	-	3	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Priority	3	4	2	3	5	2	3	4	4	2	3	2	4	2	2	2	

* Given their interconnectedness, a case can be made for combining *Sugar Handling* and *Adrenals* (in which case you would write the same number for both in the *Priority* row). ** Similarly, for some clients it may make sense to combine all of *Digestion* as a single priority (in which case you would write the same number for all of the *Digestion* columns in the *Priority* row). Regardless of which approach you use, always think Foundationally and work North to South.